In This Issue!
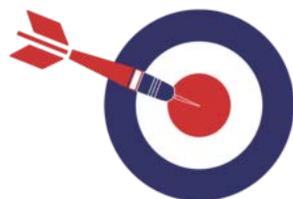
- New & Notable: Blood Pressure Goals
- Keep Your Patient on Track
- Quality Reminder: Best Practice for a Medication Action Plan
- NEW: *Thanks for Asking!* Answers to your questions about MirixaPro[SM]

New & Notable: Blood Pressure Goals

Late last year, the American College of Cardiology (ACC) and American Heart Association (AHA), in collaboration with several other organizations, introduced new blood pressure categorization and hypertension goals (goal for the general population: <130/80 mmHg). You may still see JNC-8-based hypertension goals in practice, however, as groups such as the American Academy of Family Physicians have chosen not to endorse the 2017 ACC/AHA guidelines. For example, the American Diabetes Association's 2018 *Standards of Medical Care in Diabetes* still recommends a blood pressure goal of <140/90 mmHg for people with diabetes.

Mirixa recently updated all clinical reference guides, including those for Diabetes and Hypertension (to reflect differing viewpoints on blood pressure goals). In addition to accessing them on the **Clinical Reference and Resource page** of the MirixaPro platform, you can find links to related clinical reference guides in condition-specific sections of a comprehensive medication review case.

Keep Your Patient on Track

If you've served a comprehensive medication review (CMR) case for a patient and the patient's name appears again in your Cases list months later for the same program, this is likely a follow up case known as a Targeted Medication Review or "TMR". This is an opportunity for your pharmacy to continue the patient's care and stay connected to that particular patient. These follow up cases are usually brief and typically target one or two potential medication therapy problems. While they are brief, TMRs can make a real difference in the patient's health outcomes.

As you've already done a deep dive into the patient's medications by completing their CMR, performing these targeted medication reviews will allow you to keep your patient on the right track while offering the opportunity to strengthen your patient-provider relationship.

And, in addition to building the patient relationship, your pharmacy will earn additional income from working TMRs. Though these cases don't pay as much as a full CMR, the time required is much less so you can complete the case and get back to the rest of your responsibilities around the pharmacy.

Quality Reminder

BEST PRACTICE

A quality Medication Action Plan:

- Is directed to the patient and written in clear, patient-friendly language
- Provides actionable information
- Includes one topic per row

Use the pre-formulated quick pick recommendations to speed up your documentation, but remember:

- After selecting a Quick Pick, you can edit it to better fit your patient's case or use "as is"
- Replace bracketed text with patient-specific details
- There is a character limit. If you plan to use two related quick picks within one row, check to make sure your recommendation isn't truncated

Q.

How can I manage user accounts for the MirixaPro platform for my pharmacy?

A.

Mirixa provides the ability for a pharmacy to manage its own users within the MirixaPro℠ platform. As a matter of fact, it's a good idea as part of pharmacy protocol to designate an administrator to be sure that the right users have the right access at all times. That person would be responsible for ensuring that your patient data is safe and secure by carefully monitoring who has the authorization to view and provide clinical services for the pharmacy.

It's up to your pharmacy to determine who can perform this administrative role. We recommend at least one user in your pharmacy should have administrative rights, but to be safe in case one person is out sick or on vacation, it may be best to have two users with administrative access.

Lisa Giglio
VP, Client Services

If you're not sure of your user role within the MirixaPro platform, or to determine if any of the pharmacists within your pharmacy have administrator access, have each user log into their MirixaPro account and click on the User drop-down list. Select 'Admin Tools' and if the user tools box shown here appears, they already have administrative access.

Users

User Settings
User Account Manager
Add New User
Batch User Import

An administrator must be designated by an authorized pharmacy manager through submission of a Mirixa **User Access Authorization form**. Once the form is completed and sent to Mirixa, an approved administrator user will be able to add and manage user accounts for your pharmacy.

It's important to remember that your pharmacy is responsible for ensuring all users that have access to the MirixaPro platform are current and are authorized to have system access. Remember to immediately deactivate any user who is no longer working at your pharmacy.

Note: If you are a chain pharmacy, your district or regional managers have clinical administrator access and manage all user accounts for your pharmacy. If you have questions related to your access or need your password reset, please contact your internal designee or pharmacy manager.

Mirixa Support:
(866) 218-6649

Monday - Friday 8:30am-5:30pm ET or visit 'Contact Support' on the MirixaPro platform.

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